

CCC Recreational Divisions

TRADITIONAL RECREATION DIVISIONS

| Division | Birth Year | Gender | Members |
|-----------------------------------|--------------------|--------------------|----------------|
| Level 1 | | | |
| Division 6 (TINY) | 2018 and later | 6 Years & Younger | 5 - 36 Members |
| Division 8 (MINI) | 2016 and later | 8 Years & Younger | 5 - 36 Members |
| Division 10 (PEE WEE) | 2014 and later | 10 Years & Younger | 5 - 36 Members |
| Division 12 (YOUTH) | 2012 and later | 12 Years & Younger | 5 - 36 Members |
| Division 14 (JUNIOR) | 2010 and later | 14 Years & Younger | 5 - 36 Members |
| Division 18 (SENIOR) | 06/01/06 and later | 18 Years & Younger | 5 - 36 Members |
| Level 2.1 | | | |
| Division 10 (PEE WEE) | 2014 and later | 10 Years & Younger | 5 - 36 Members |
| Division 12 (YOUTH) | 2012 and later | 12 Years & Younger | 5 - 36 Members |
| Division 14 (JUNIOR) | 2010 and later | 14 Years & Younger | 5 - 36 Members |
| Division 18 (SENIOR) | 06/01/06 and later | 18 Years & Younger | 5 - 36 Members |
| Level 2 | | | |
| Division 10 (PEE WEE) | 2014 and later | 10 Years & Younger | 5 - 36 Members |
| Division 12 (YOUTH) | 2012 and later | 12 Years & Younger | 5 - 36 Members |
| Division 14 (JUNIOR) | 2010 and later | 14 Years & Younger | 5 - 36 Members |
| Division 18 (SENIOR) | 06/01/06 and later | 18 Years & Younger | 5 - 36 Members |
| Level 3.1 | | | |
| Division 12 (YOUTH) | 2012 and later | 12 Years & Younger | 5 - 36 Members |
| Division 14 (JUNIOR) | 2010 and later | 14 Years & Younger | 5 - 36 Members |
| Division 18 (SENIOR) | 06/01/06 and later | 18 Years & Younger | 5 - 36 Members |
| Level 3 | | | |
| Division 12 (YOUTH) | 2012 and later | 12 Years & Younger | 5 - 36 Members |
| Division 14 (JUNIOR) | 2010 and later | 14 Years & Younger | 5 - 36 Members |
| Division 18 (SENIOR) | 06/01/06 and later | 18 Years & Younger | 5 - 36 Members |
| RECREATION EXHIBITION | | | |
| Exhibition | 06/01/06 and later | 18 Years & Younger | Unlimited |
| SPECIAL NEEDS (EXHIBITION) | | | |
| CheerAbilities | Any Age | Any Age | Unlimited |

The age of the athlete is based on BIRTH YEAR for the 2025-2026 season.

CCC Recreational Divisions

PERFORMANCE RECREATION DIVISIONS

| Division | Ages | Gender | Members |
|-----------------------------------|--------------------|--------------------|----------------|
| Level 1 | | | |
| Division 6 (TINY) | 2018 and later | 6 Years & Younger | 5 - 36 Members |
| Division 8 (MINI) | 2016 and later | 8 Years & Younger | 5 - 36 Members |
| Division 10 (PEE WEE) | 2014 and later | 10 Years & Younger | 5 - 36 Members |
| Division 12 (YOUTH) | 2012 and later | 12 Years & Younger | 5 - 36 Members |
| Division 14 (JUNIOR) | 2010 and later | 14 Years & Younger | 5 - 36 Members |
| Division 18 (SENIOR) | 06/01/06 and later | 18 Years & Younger | 5 - 36 Members |
| Level 2.1 | | | |
| Division 10 (PEE WEE) | 2014 and later | 10 Years & Younger | 5 - 36 Members |
| Division 12 (YOUTH) | 2012 and later | 12 Years & Younger | 5 - 36 Members |
| Division 14 (JUNIOR) | 2010 and later | 14 Years & Younger | 5 - 36 Members |
| Division 18 (SENIOR) | 06/01/06 and later | 18 Years & Younger | 5 - 36 Members |
| Level 2 | | | |
| Division 10 (PEE WEE) | 2014 and later | 10 Years & Younger | 5 - 36 Members |
| Division 12 (YOUTH) | 2012 and later | 12 Years & Younger | 5 - 36 Members |
| Division 14 (JUNIOR) | 2010 and later | 14 Years & Younger | 5 - 36 Members |
| Division 18 (SENIOR) | 06/01/06 and later | 18 Years & Younger | 5 - 36 Members |
| Level 3.1 | | | |
| Division 12 (YOUTH) | 2012 and later | 12 Years & Younger | 5 - 36 Members |
| Division 14 (JUNIOR) | 2010 and later | 14 Years & Younger | 5 - 36 Members |
| Division 18 (SENIOR) | 06/01/06 and later | 18 Years & Younger | 5 - 36 Members |
| Level 3.2 | | | |
| Division 14 (JUNIOR) | 2010 and later | 14 Years & Younger | 5 - 36 Members |
| Division 18 (SENIOR) | 06/01/06 and later | 18 Years & Younger | 5 - 36 Members |
| Level 3 | | | |
| Division 14 (JUNIOR) | 2010 and later | 14 Years & Younger | 5 - 36 Members |
| Division 18 (SENIOR) | 06/01/06 and later | 18 Years & Younger | 5 - 36 Members |
| Level 4 | | | |
| Division 14 (JUNIOR) | 2010 and later | 14 Years & Younger | 5 - 36 Members |
| Division 18 (SENIOR) | 06/01/06 and later | 18 Years & Younger | 5 - 36 Members |
| Level 4.2 | | | |
| Division 14 (JUNIOR) | 2010 and later | 14 Years & Younger | 5 - 36 Members |
| Division 18 (SENIOR) | 06/01/06 and later | 18 Years & Younger | 5 - 36 Members |
| Level 5 | | | |
| Division 18 (SENIOR) | 06/01/06 and later | 18 Years & Younger | 5 - 36 Members |
| RECREATION EXHIBITION | | | |
| Exhibition | 06/01/06 and later | Female / Male | Unlimited |
| SPECIAL NEEDS (EXHIBITION) | | | |
| CheerAbilities | Any Age | Female/Male | Unlimited |

The age of the athlete is based on BIRTH YEAR for the 2025-2026 season.

| RECREATIONAL DANCE | | | |
|--------------------|--------------------|---------------|---------|
| Division | Ages | Gender | Members |
| Tiny (Any Style) | 6 Years & Younger | Female / Male | 4+ |
| Tiny Hip-Hop | 6 Years & Younger | Female / Male | 4+ |
| Mini (Any Style) | 9 Years & Younger | Female / Male | 4+ |
| Mini Hip-Hop | 9 Years & Younger | Female / Male | 4+ |
| Youth (Any Style) | 13 Years & Younger | Female / Male | 4+ |
| Youth Hip-Hop | 13 Years & Younger | Female / Male | 4+ |
| Junior (Any Style) | 16 Years & Younger | Female / Male | 4+ |
| Junior Hip-Hop | 16 Years & Younger | Female / Male | 4+ |
| Senior (Any Style) | 18 Years & Younger | Female / Male | 4+ |
| Senior Hip-Hop | 18 Years & Younger | Female / Male | 4+ |

| 2025 – 2026 Recreation Age Grid by Birth Year | | | | | | |
|---|----------|----|-----|-----|-----|-----|
| Birth Year | Division | | | | | |
| | 6U | 8U | 10U | 12U | 14U | 18U |
| 2018 & later | X | X | X | X | X | X |
| 2017 | | X | X | X | X | X |
| 2016 | | X | X | X | X | X |
| 2015 | | | X | X | X | X |
| 2014 | | | X | X | X | X |
| 2013 | | | | X | X | X |
| 2012 | | | | X | X | X |
| 2011 | | | | | X | X |
| 2010 | | | | | X | X |
| 2009 | | | | | | X |
| 2008 | | | | | | X |
| 2007 | | | | | | X |
| 2006 | | | | | | X |

All teams must classify as one of the following:

TRADITIONAL

- The program must be affiliated with, report, to, and be governed by an organization such as; YMCA, Boys and Girls Club, City/County Parks and Recreational Program, American Youth Cheer, Pop Warner Association, or other community run program not associated with All Star.
- Each team must cheer for a sport during the 2025-2026 cheer season.
- Athletes **MAY NOT** cross from a Traditional Rec Cheer team to Performance Rec Cheer team.

PERFORMANCE

- Organization may be independent of town/city organization/clubs. Team does not necessarily cheer for a supported sports program.
- Athletes **MAY NOT** cross from a Performance Rec Cheer team to a Traditional Rec Cheer team.

CLASSIFICATIONS

- At the beginning of the season a team must classify if they are Traditional or Performance. This must be verified before the competition season. Once the team division is declared:
 - A Performance Team cannot move to a Traditional division.
 - A Traditional organization can move to the Performance division; however, any bids they have earned as a Traditional organization during the competitive season will be forfeited. The organization will not be eligible to return to the Traditional division during the remainder of the competitive season.

ROUTINE REQUIREMENTS

- **TRADITIONAL RECREATION**
 - Routines may be Cheer and Music Combination.
 - Routine Max: 2:30 minutes
 - No tosses allowed.
 - Will follow USASF All Star Prep Cheer Rules.
- **PERFORMANCE CHEER**
 - Routines may be Cheer and Music Combination.
 - Routine Max: 2:30 minutes
 - Will follow USASF All Star Elite Rules.
 - Exception: Level 4 – Fulls are allowed in running tumbling only and will be counted toward the running tumbling difficulty and technique scores.

Traditional Recreation and Performance Cheer cheerleading organizations can register teams in Traditional and/or Performance divisions.