

CCC All Star Cheer Divisions for 2009-2010

| Cheer Divisions | Age | Female/Male | Number on squad | Levels |
|---|----------------------|----------------------------------|-----------------|-----------|
| Tiny Cheer | | | | |
| Tiny | 5 years and younger | Female/Male | 5—36 Members | 1 |
| Mini Cheer | | | | |
| Mini | 8 years and younger | Female/Male | 5—36 Members | 1,2,3 |
| Youth Cheer | | | | |
| Youth | 11 years and younger | Female/Male | 5—36 Members | 1,2,3,4,5 |
| Junior Cheer | | | | |
| Junior | 14 years and younger | Female/Male | 5—36 Members | 1,2 |
| Junior | 14 years and younger | No Males | 5—36 Members | 3,4,5 |
| Junior Co-Ed | 14 years and younger | 1 or more Males | 5—36 Members | 3,4,5 |
| Senior Cheer | | | | |
| Senior Open* (Tumbling Restrictions) | 18 years and younger | Female/Male (Limit 0—4 Males) | 5-36 Members | 5 |
| Senior | 18 years and younger | Female/Male | 5—36 Members | 1,2 |
| Senior | 18 years and younger | Female/Male | 5—36 Members | 2 |
| Senior | 18 years and younger | No Males | 5—36 Members | 3,4 |
| Senior Coed | 18 years and younger | 1 or more males | 5—36 Members | 3,4 |
| Senior | 18 years and younger | Female/Male | 5—36 Members | 4,2 |
| Senior | 12 years—18 years | No Males | 5—36 Members | 5 |
| Senior Limited Co-Ed | 12 years—18 years | 1-4 Males | 5—36 Members | 5 |
| Senior Semi-Limited Co-Ed | 12 years—18 years | 5-12 Males | 5—36 Members | 5 |
| Senior Unlimited Co-Ed | 12 years—18 years | 5 or more Males | 5—36 Members | 5 |
| International Open Cheer | | | | |
| International Open | 14 years and older | No Males | 5—24 Members | 5 |
| International Open Co-Ed | 14 years and older | 1—12 Males | 5—24 Members | 5 |
| Special Needs Cheer | | | | |
| Special Needs | Any Age | Female/Male | Unlimited | N/A |
| Open Cheer | | | | |
| Open | 17 years and older | No Males | 5—24 Members | 6 |
| Open Co-ed | 17 years and older | 1 or More Males | 5—24 Members | 6 |

CCC Divisions for 2009-2010

| Division | Age/Grade | Number on Squad |
|-------------------------------------|-----------------------|-------------------------|
| Recreation and Youth League | | |
| Tiny | 5 years and younger | 40 or fewer members |
| Mini Prep | 7 years and younger | 40 or fewer members |
| Pee Wee | 9 years and younger | 40 or fewer members |
| Youth | 12 years and younger | 40 or fewer members |
| Junior Prep | 14 years and younger | 40 or fewer members |
| Junior | 16 years and younger | 40 or fewer members |
| Senior | 18 years and younger | 40 or fewer members |
| High School/Junior High | | |
| Junior High/Middle School Mount | 9th grade and younger | 5–30 members |
| Junior High/Middle School Non Mount | 9th grade and younger | 5–30 members |
| Freshman Mount | 9th grade only | 5-30 members |
| Freshman Non Mount | 9th grade only | 5–30 members |
| Junior Varsity Mount | 9th–11th grade | 5–30 members |
| Junior Varsity Non Mount | 9th–11th grade | 5–30 members |
| Small Varsity Mount | 9th–12th grade | 5–10 members |
| Medium Varsity Mount | 9th-12th grade | 11–15 members |
| Large Varsity Mount | 9th–12th grade | 16–25 members |
| Super Varsity Mount | 9th–12th grade | 26–35 members |
| Small Varsity Non Mount | 9th–12th grade | 5–10 members |
| Medium Varsity Non Mount | 9th–12th grade | 11-15 members |
| Large Varsity Non Mount | 9th–12th grade | 16–35 members |
| Small Varsity Co-Ed | 9th–12th grade | 5–35 members, 3–5 males |
| Large Varsity Co-Ed | 9th–12th grade | 5–35 members, 6+ males |
| College/University | | |
| Small All Female Team | Current Student | 6–12 members |
| Large All Female Team | Current Student | 13–25 members |
| Small Co-Ed Team | Current Student | 6-12 members |
| Large Co-Ed Team | Current Student | 13–25 members |
| | | |
| | | |

Champion Cheer Central has the right to combine divisions based on team participation. Divisions with less than three teams will be combined with another appropriate division. All Star teams will be split into Small and Large Divisions when there are at least TWO teams that will ultimately be registered in each respective division.

All star team members must compete in the appropriate age division based on their age as of August 31, 2009. Senior teams cut off date is May 31, 2009 for the 2009-2010 Season.