

Hard Rockin' NATIONAL Cheer and Dance Championships

Sunday, March 14th Schedule					
2 Practice Floors RED/BLACK					
Session One					
Team	Division	4 min Stunt	4 min Tumble	5 min Practice	Perform
Turtles American Gymnastics	Youth Rec Mt	6:08	6:04	6:30	7:04
NEO-Pumas	Youth Rec Mt	6:12	6:08	6:22	7:07
Crawford County Cheer Starz	Tiny/Mini Rec Mt	6:16	6:12	6:36	7:11
Crawford County Cheer Starz	Youth Rec Mt	6:20	6:16	6:28	7:14
Turtles American Gymnastics	Tiny/Mini Rec Mt	6:24	6:20	6:42	7:18
Turtles American Gymnastics	Junior/Senior Rec Mt	6:28	6:24	6:34	7:21
Jefferson Falcon Fire	Youth Rec NMT	x	6:28	6:48	7:25
Millcreek Cheer and Dance	Junior/Senior Rec Mt	6:36	6:32	6:40	7:28
Greenwood Knights	Youth Rec NMT	x	6:36	6:54	7:32
Greater Tonawanda Cheer	Junior/Senior Rec Mt	6:44	6:40	6:46	7:35
Keystone Junior High School	JH/JV Mount	6:48	6:44	7:00	7:39
Lakeside High School	JH NMT	x	6:48	6:52	7:42
Harborcreek High School	JH/JV Mount	6:52	6:52	7:06	7:46
Indian Creek Junior High	JH NMT	x	6:56	6:58	7:49
Valley Forge High School	Sm Var NMT	x	7:00	7:12	7:53
Chardon Middle School	JH NMT	x	7:04	7:04	7:56
East High School	Sm Var NMT	x	7:08	7:18	8:00
Indian Lake Middle School	JH NMT	x	7:12	7:10	8:03
Chalker High School	Sm Var NMT	x	7:16	7:24	8:07
Our Lady of Peace School	JH NMT	x	7:20	7:16	8:10
Kirtland High School	Sm Var NMT	x	7:24	7:30	8:14
Indian Lake High School	Sm Var NMT NTM	x	x	7:24	8:17
Lake High School	Med Var NMT	x	7:28	7:36	8:21
Chardon High School	Sm Var NMT NTM	x	x	7:30	8:24
Jackson High School	Med Var NMT	x	7:32	7:40	8:28
Avon Lake High School	Lg Var NMT	x	7:36	7:40	8:31
Bath Haverling High School	Sm/MedVar Mount	7:36	7:40	7:46	8:34
Stow High School	Lg Var NMT	x	7:44	7:48	8:38
Philipsburg-Osceola High School	Sm/Med Var Mount	7:44	7:48	7:52	8:41

Girard High School	LG VAR MT	7:48	7:52	7:56	8:45
Lackawanna High School	Sm/Med Var Mount	7:52	7:56	8:00	8:48
Kenmore East High School	LG VAR MT	7:56	8:00	8:04	8:52
Bald Eagle High School	Sm/Med Var Mount	8:00	8:04	8:08	8:55
Frontier High School	LG VAR MT	8:04	8:08	8:12	8:59
Keystone High School	Sm/Med Var Mount	8:08	8:12	8:16	9:02
McDowell High School	LG VAR MT	8:12	8:16	8:20	9:06
Cheer Spirit of Ohio	Sm Youth L1	8:16	8:20	8:24	9:09
Ultimate Athletics-White Wedding	Junior Jazz	x	x	8:28	9:13
NEO All Stars - Cheetahs	Sm Tiny L1	8:24	8:28	8:32	9:16
Once upon a Dream	Senior Modern	x	x	8:36	9:20
Erie Elite All Stars	Sm Tiny L1	8:32	8:36	8:40	9:23
Ultimate Athletics-Cirque	Senior Modern	x	x	8:44	9:27
Northwest All Stars	Sm Tiny L1	8:40	8:44	8:48	9:30
Infinity All Stars	Youth Pom	x	x	8:52	9:34
Dream Team-Once Upon a Dream	Sm Tiny L1	8:48	8:52	8:56	9:37
NEO All Stars	Junior Pom	x	x	9:08	9:41
TNT Nitro Elite	Sm Tiny L1	8:56	9:00	9:04	9:44
Ultimate Athletics-Miss Janet	Junior Pom	x	x	9:00	9:48
Dream Team - NY	Sm Mini L1	9:12	9:16	9:20	9:51
Infinity All Stars	Senior Pom	x	x	9:16	9:55
Northwest All Stars	Sm Mini L1	9:04	9:08	9:12	9:58
Kenston High School	Senior Pom	x	x	9:24	10:02
HotCheer All Stars	Sm Mini L1	9:20	9:24	9:28	10:06
Ultimate Athletics-Wild	Senior Pom	x	x	9:32	10:09
North County Mega Stars	Sm Mini L1	9:28	9:32	9:36	10:13
Cheer Spirit of Ohio	Junior HH	x	x	9:40	10:16
Zanesville Rockets	Sm Mini L1	9:36	9:40	9:44	10:20
Intensity All Stars	Junior HH	x	x	9:48	10:23
Maxx Out Athletics	Sm Mini L1	9:44	9:48	9:52	10:27
Dream Team - Once Upon	Junior HH	x	x	9:56	10:30
Buffalo Envy	Sm Mini L1	9:52	9:56	10:00	10:34
Hot Styles Dance Co	Junior HH	x	x	10:04	10:37
All Around Panthers	Lg Youth L1	10:00	10:04	10:08	10:41
Millcreek Cheer and Dance	Junior HH	x	x	10:12	10:44
HotCheer All Stars	Lg Youth L1	10:08	10:12	10:16	10:48

TNT Nitro Elite	Junior HH	x	x	10:20	10:51
Cheer Spirit of Ohio	Sm Youth L1	10:16	10:20	10:24	10:55
Dance Vibe Studio	Junior HH	x	x	10:28	10:58
Ultimate Athletics-Premier	Sm Youth L1	10:24	10:28	10:32	11:02
NEO All Stars	Junior HH	x	x	10:36	11:05
Northwest All Stars	Sm Youth L1	10:32	10:36	10:40	11:09
Infinity All Stars	Youth Jazz	x	x	10:44	11:12
Lake Erie Ultimate	Sm Youth L1	10:40	10:44	10:48	11:16
Ultimate Athletics-Money	Senior Variety	x	x	10:52	11:19
Dream Team-Once Upon a Dream	Sm Junior L1	10:48	10:52	10:56	11:23
Kenston High School	Var Kick	x	x	11:00	11:26
TNT Nitro Elite	Sm Mini L2	10:56	11:00	11:04	11:30
Northwest All Stars	Parent Hip Hop	x	x	11:16	11:33
NEO All Stars - Thundercats	Sm Mini L2	11:04	11:08	11:12	11:37
NCO Rebels	Open Hip Hop	x	x	11:08	11:40
SEO Stars	Sm Youth L2	11:12	11:16	11:20	11:44
Ultimate Athletics-Rain	Open Hip Hop	x	x	11:24	11:47
Dream Team-Once Upon a Dream	Sm Youth L2	11:20	11:24	11:28	11:51
Ultimate Athletics-Karate Kidz	Mini Variety	x	x	11:32	11:54
STC Academy	Sm Youth L2	11:28	11:32	11:36	11:58
Wellsburg All Stars	Sm Youth L2	11:32	11:36	11:40	12:02
AWARDS SCHOOL/REC/LEVEL ONE					

SESSION TWO					
Team	Division	Stunt	Tumble	Practice	Perform
Southern Tier Starz	Sm Senior L4	11:50	11:54	11:58	12:56
Millcreek Cheer and Dance	Sm Junior L3/ Coed L3	11:54	11:58	12:02	1:01
Northwest All Stars	Tiny HH	x	x	12:06	1:05
Dream Team - NY	Lg Youth L2	12:02	12:06	12:10	1:08
NCO Rebels	Mini HH	x	x	12:14	1:12
NEO All Stars- Jags	Lg Youth L2	12:10	12:14	12:18	1:15
Dream Team - Once Upon a Dream	Mini HH	x	x	12:22	1:19
Millcreek Cheer and Dance	Lg Youth L2	12:18	12:22	12:26	1:22
Northwest All Stars	Mini HH	x	x	12:30	1:26
Buffalo Envy	Sm Junior L2	12:26	12:30	12:34	1:29

TNT Nitro Elite	Mini HH	x	x	12:38	1:33
Intensity All Stars	Sm Junior L2	12::34	12:38	12:42	1:36
NEO All Stars	Mini HH	x	x	12:46	1:40
Dream Team-Once Upon a Dream	Sm Junior L2	12:42	12:46	12:50	1:43
Dance Vibe Studio	Mini HH	x	x	12:54	1:47
STC Academy	Sm Junior L2	12:50	12:54	12:58	1:50
NCO Rebels	Youth HH	x	x	1:02	1:54
Cheer World - Beta	Sm Junior L2	12:58	1:02	1:06	1:57
TNT Nitro Elite	Youth HH	x	x	1:10	2:01
Lake Erie Ultimate	Sm Junior L2	1:06	1:10	1:14	2:04
NEO All Stars	Youth HH	x	x	1:34	2:08
All Around Panthers	Lg Junior L2	1:14	1:18	1:22	2:11
Dance Vibe Studio	Youth HH	x	x	1:26	2:15
HotCheer All Stars	Lg Junior L2	1:22	1:26	1:30	2:18
East High School	Varsity HH	x	x	1:18	2:22
Maxx Out Athletics	Lg Junior L2	1:30	1:34	1:38	2:25
Marlington High School	Varsity HH	x	x	1:42	2:29
Ultimate Athletics-Supreme	Lg Senior L2	1:38	1:42	1:46	2:32
Chalker High School	Varsity HH	x	x	1:50	2:36
HotCheer All Stars	Lg Senior L2	1:46	1:50	1:54	2:39
Northwest All Stars	Sm Senior HH	x	x	1:58	2:43
Cheer Spirit of Ohio - Performance 1	Lg Senior L3	1:54	1:58	2:02	2:46
Dream Team - Once Upon	Sm Senior HH	x	x	2:06	2:50
Spirit Athletics All Stars	Sm Senior L2	2:02	2:06	2:10	2:53
NCO Rebels	Sm Senior HH	x	x	2:14	2:57
Buffalo Envy	Sm Senior L2	2:10	2:14	2:18	3:00
Infinity All Stars	Sm Senior HH	x	x	2:22	3:04
Dream Team-Once Upon a Dream	Sm Senior L2	2:18	2:22	2:26	3:07
Intensity All Stars	Sm Senior HH	x	x	2:30	3:11
Northwest All Stars	Sm Senior L2	2:26	2:30	2:34	3:14
Hot Styles Dance Co	Sm Senior HH	x	x	2:38	3:18
NEO All Stars-Wildcats	Sm Youth L3	2:34	2:38	2:42	3:21
Ultimate Athletics-Atomic	Sm Senior HH	x	x	2:46	3:25
STC Academy	Sm Youth L3	2:42	2:46	2:50	3:28
Dream Team All Stars	Lg Senior HH	x	x	2:54	3:32
Zanesville Rockets	Sm Youth L3	2:50	2:54	2:58	3:35

Dream Team - Once Upon a Dream	Lg Senior HH	x	x	3:18	3:39
TNT Nitro Elite	Sm Youth L3	2:58	3:02	3:06	3:42
Ultimate Athletics-Top Dawgs	Lg Senior HH	x	x	3:10	3:46
All Around Panthers	Sm Senior L3	3:06	3:10	3:14	3:49
Dance Vibe Studio	Lg Senior HH	x	x	3:02	3:53
Lake Erie Ultimate	Sm Senior L3	3:14	3:18	3:22	3:56
Dream Team - Once Upon	Junior Lyrical	x	x	3:42	4:00
American Pride Rockets	Sm Senior L3	3:22	3:26	3:30	4:03
Ultimate Athletics-Children Cry	Junior Lyrical	x	x	3:34	4:07
SEO Stars	Lg Senior L3	3:30	3:34	3:38	4:10
STC Academy	Sm Junior L3/ Coed L3	3:42	3:46	3:50	4:14
Cheer Spirit of Ohio - Performance 2	Lg Senior L3	3:38	3:42	3:46	4:17
North County Mega Stars	Sm Junior L3/ Coed L3	3:18	3:22	3:26	4:21
HotCheer All Stars	Lg Senior L3	3:46	3:50	3:54	4:24
Buffalo Envy	Sm Junior L3/ Coed L3	3:50	3:54	3:58	4:28
Outlaws All Stars	Lg Senior L3	3:54	3:58	4:02	4:31
Lakeshore All Stars	Sm Junior L3/ Coed L3	3:58	4:02	4:06	4:35
NEO All Stars-Cougars	Lg Junior L3	4:02	4:06	4:10	4:38
Millcreek Cheer and Dance - Performance 2	Sm Junior L3/ Coed L3	3:56	4:00	4:14	4:42
Lake Erie Ultimate	Lg Junior L3	4:18	4:22	4:26	4:45
Ultimate Athletics-Look at me	Senior Lyrical	x	x	4:22	4:49
Buffalo Envy	Senior Coed L3	4:10	4:14	4:18	4:52
Dream Team - Once Upon	Senior Lyrical	x	x	4:30	4:56
STC Academy	Senior Coed L3	4:26	4:30	4:34	5:00
Ultimate Athletics-Good Luck	Senior Jazz	x	x	4:38	5:04
NEO All Stars-Supercats	Sm Junior Coed L4	4:34	4:38	4:42	5:08
McDowell Dance Team	Senior Jazz	x	x	4:46	5:12
AWARDS LEVELS TWO, THREE and DANCE					

SESSION THREE					
Team	Division	Stunt	Tumble	Practice	Perform
NEO All Stars-Bengals	Lg Senior Coed L4	5:48	5:52	5:56	6:30
Sky High All Stars	Sm Senior L 4.2	5:52	5:56	6:00	6:34
Cheer World - Omega	Lg Senior Coed L4	5:56	6:00	6:04	6:37
Intensity All Stars	Sm Senior L 4.2	6:00	6:04	6:08	6:41

Zanesville Rockets	Lg Senior Coed L4	6:04	6:08	6:12	6:44
Ultimate Athletics-Dynasty	Sm Senior L 4.2	6:08	6:12	6:16	6:48
TNT Nitro Elite	Lg Senior Coed L4	6:12	6:16	6:20	6:51
North County Mega Stars	Sm Senior L 4.2	6:16	6:20	6:24	6:55
Wheeling All Stars	Sm Senior L4	6:20	6:24	6:28	6:58
Sky High All Stars	Junior L5	6:24	6:28	6:32	7:02
Southern Tier Starz	Sm Senior L4	Performed earlier			
Ultimate Athletics-Elite	Sr Open L5	6:28	6:32	6:36	7:05
Cheer Central ICE	Lg Senior L4	6:32	6:36	6:40	7:09
Sky High All Stars	Inter Open Coed	6:44	6:48	6:52	7:12
HotCheer All Stars	Lg Senior L4	6:56	7:00	7:04	7:16
Buffalo Envy	Sm Senior L5	6:36	6:40	6:44	7:19
Outlaws All Stars	Lg Senior L4	6:48	6:52	6:56	7:23
HotCheer All Stars	Sm Senior L5	6:52	6:56	7:00	7:26
NEO All Stars-Panthers	Sm Sr Ltd Coed L5	6:58	7:02	7:06	7:30
Buffalo Envy	Open L6	7:00	7:04	7:08	7:33
AWARDS FOR LEVELS FOUR/FIVE/SIX					